



ACTIVITY SESSIONS

Free workshops led by women for women

Every Wednesday starting

3 October 2018

09.30 – 11.30 at

Mosaic Family Hub

Jardine Crescent Coventry CV4 9PL

Every Thursday starting

20 September 2018

09.30 - 11.30 at

St Peters Centre - Charles Street

Coventry CV1 5NP

Other Venues TBC - Watch this space!



Weekly Activities

Arts and crafts
Knitting
Cooking
Speakers
Confidence building
Healthy eating
Talks / discussions

A great way to meet new people and make new friends!

**Drop in sessions. No need to book. Contact Sarah at Coventry Haven
Women's Aid on 07415710453 for further information**

